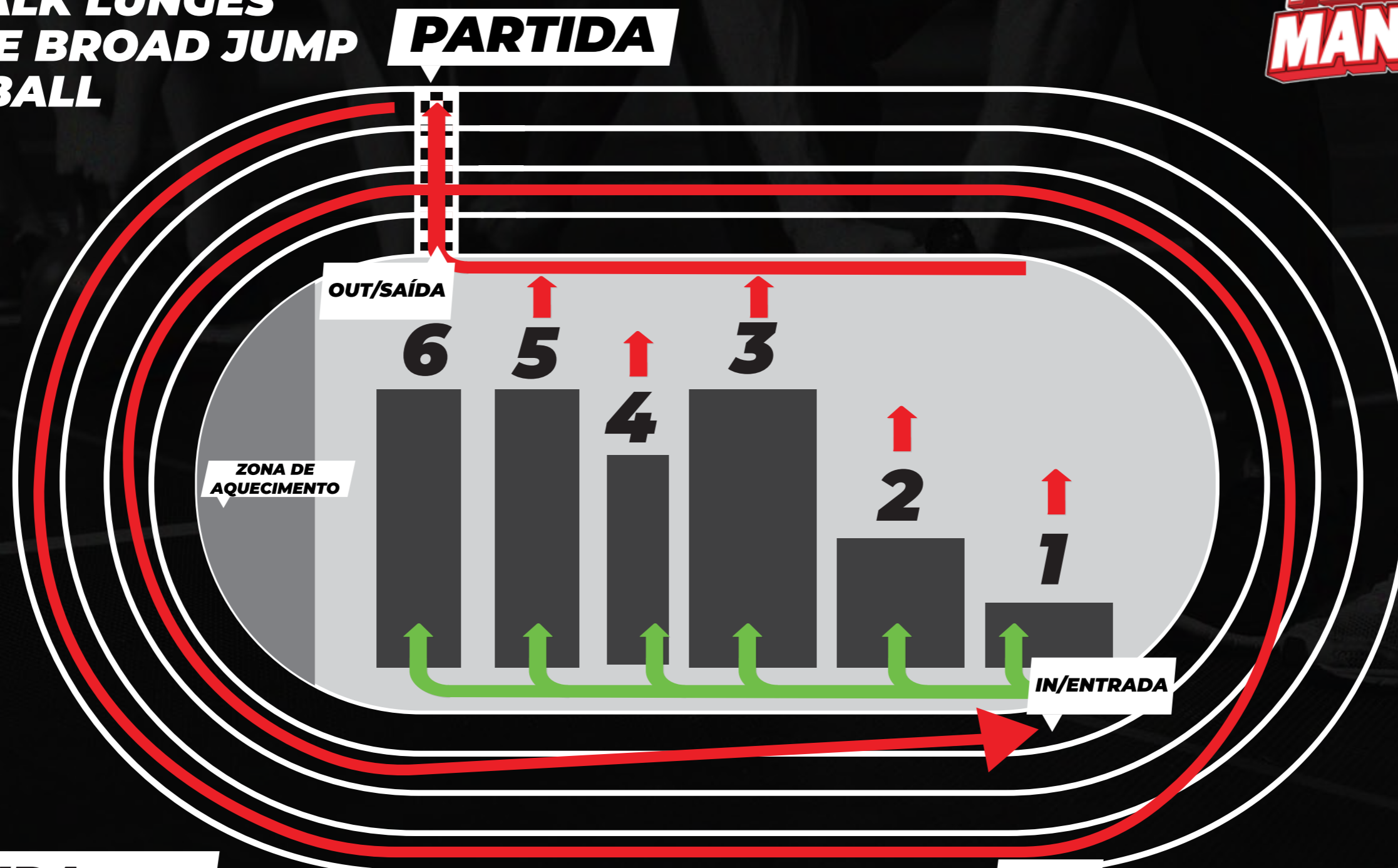


- 1- REMO - ROW
- 2- SLAM BALL THROW
- 3- FARM CARRY
- 4- SKI ERG
- 5- DB WALK LUNGES
- 6- BURPEE BROAD JUMP
- 7- WALL BALL



**CORRIDA**  
**1 VOLTA E MEIA**  
**600M**

**7**

**META**